

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



Sault College

COURSE OUTLINE

COURSE TITLE: Theory II  
CODE NO. : PSW102 SEMESTER: 1  
PROGRAM: Personal Support Worker, Personal Attendant  
AUTHOR: Donna Alexander, Faye Smedley  
DATE: Sept. 2004 PREVIOUS OUTLINE DATED: Mar. 2004  
APPROVED:

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DEAN

\_\_\_\_\_  
DATE

TOTAL CREDITS: 5

PREREQUISITE(S): PSW101

TOTAL COURSE HOURS: 48

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*For additional information, please contact Dean,*  
*School of Health and Human Services*  
*(705) 759-2554, Ext. 603/689*

**I. COURSE DESCRIPTION:**

This course will provide you with the information and insight into hands on care of the consumer, assisting them with personal hygiene, and supporting them with other activities that promote health in all four dimensions. ( physical, psychological, social and spiritual) of well-being. The student will learn how to do light housekeeping duties, to organize and manage a home and assist with banking and shopping.

**II. PROGRAM OUTCOMES:**

1. Care for consumers respecting their individuality, culture, independence, interdependence, and their legal rights.
2. Maintain the role of a Personal Support Worker / Personal Attendant while providing care.
3. Utilize effective communication skills to maintain supportive relationships.
4. Respond to abuse.
5. Provide a safe and comfortable environment.
6. Effectively assist consumers with routine activities of living.

**III. LEARNING OUTCOMES:**

***Upon successful completion of this course the student will have the ability to:***

- 1) Promote and assist the consumer to safely: maintain good body alignment, perform range of motion exercises, maintain mobility, rest, sleep and prevent the complications of immobility.
- 2) Promote and safely assist the consumer to meet his/her basic need for elimination.
- 3) Promote and safely assist the consumer to meet his/her activities of daily living (ADL) while maintaining his/her independence and dignity.
- 4) In the role of a PSW/PA, safely perform light housekeeping duties and care for large and small appliances and cleaning tools in the home. Safely handle cleaning products or agents.
- 5) Support the consumer to efficiently organize for shopping and banking.
- 6) Assist the consumer or problem solve issues that relate to home management.
- 7) Use Canada's Food Guide (CFG) to provide nutritious meals and when counseling consumer.
- 8) Select foods that are included on specific therapeutic diets while respecting consumer preferences, allergies and restrictions.
- 9) Identify the concept of abuse, recognizing causes, indicators and the requirements of legislation and respond in accordance with this legislation, when abuse is suspected. Recognize that you may be the focus of abuse in the workplace.

**IV. TOPICS:**

1. ROM exercises
2. Mobility /Immobility / complications / aids
3. Prevention of complications
4. Assist a falling person
5. Sleep and Rest
6. Decubitus ulcers
7. Positioning / body alignment
8. Elimination
9. Activity of Daily Living
10. WHIMS / Hazardous Product Symbols
11. Safety in the home
12. Light housekeeping duties in the home
13. Organizing, shopping, banking
14. Nutrition
15. Meal planning and preparation
16. Special diets
17. Abuse, physical, emotional and sexual

**V. REQUIRED RESOURCES / TEXTS / MATERIALS:**

1. Resource Text – refer to Modules 4-6 Study Guide PSW 102
2. Home Products and Appliances Guides
3. Grocery Store
4. Personal Experience
5. Family and Friends

**VI. EVALUATION PROCESS/GRADING SYSTEM:**

Test One	Module 4 Unit 13-15	20%
Test Two	Module 4 Unit 16	20%
Lab Demonstrations (Students must practice and redo until satisfactory demonstration achieved)		20% (Grading: Satisfactory/Unsatisfactory)
Test Three	Module 5 & 6 Unit 17-21	25%
Attendance		15%

A minimum of 50% is required to pass this course.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

**Note:** For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

**VII. SPECIAL NOTES:**

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit room E1101 or call extension 703 so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Rights and Responsibilities*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

**VIII. PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

**IX. DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.